



(04 Days/03 Nights)

Swirled in the sacred mists of time, nestled in the Himalayas is Ananda, a world class Destination Spa. Once the residence of Maharaja of Tehri-Garhwal, it is dedicated to today's traveler, who is looking for innovative ways to restore and rejuvenate his energies. Grounded in Ayurveda, Yoga and Vedanta combined with contemporary international therapies which enhance and augment the original, Ananda is the ultimate escape from the mundane to the spiritual, where every corner spells harmony and every color soothes the senses.



Located in the tranquil Himalayan foothills, close to the mythological cities of Haridwar and Rishikesh, surrounded by graceful Sal forests, overlooking the peaceful Ganga, Ananda is the spiritual pathway to the ultimate, discovered through the union of body, mind and soul. It is not just a retreat that will leave you breathless with the enchantment of its surroundings, but assists in redefining lifestyles to include the well-known traditional Indian wellness regimes of Ayurveda, Yoga and Vedanta combined with best of International Wellness Experiences to bring about the union of mind, body and soul.

Day 01: Delhi / Dehradun / Narendra Nagar (By Flight + Drive)

Morning transfer to the airport to connect morning flight to Dehradun. On arrival continue



drive to Narendra Nagar and check in at Ananda in the Himalayas.

Afternoon is free at leisure.

Overnight stay in the hotel.

Day 02: Narendra Nagar

After breakfast enjoy the visit to the KUNJAPURI TEMPLE. The holy shrine dedicated to Goddess Sati, the consort is Lord Shiva the liberator. It is located 14 Kms north of Ananda at 4816 feet above sea level. It is the highest peak in the nearby vicinity.

On the way visit 02 small villages (Kanda & Badeda village), where you can see a school for children in operation, and where the villagers grow mustard, sweet corn, ginger, beans & potatoes.



During the walk you will come across Himalayan birds, like Magpie, Barbet, Durango, Green Parrots, Jungle Fowl, 07 sister barbels, Deer, Golden Eagle & Vultures.

After the visit drive back to the hotel

Overnight stay in the hotel.

Day 03: Narendra Nagar

After breakfast morning is free at leisure.

In the afternoon take an excursion trip to Rishikesh. **Rishikesh** represents the Gateway to the Himalayas in the Tehri - Garhwal region of Uttranchal. It is believed that several yogis and sages lived and practiced penance here. Rishikesh represents the site where God Vishnu vanquished the demon Madhu. It abounds in natural splendor. The spectacle of the River Ganges rushing through the Himalayan foothills is an awesome sight. Several temples dot the banks of the River Ganges at Rishikesh. In Rishikesh visit Triveni Ghat & Laxman Jhoola.

Also enjoy the **Aarti ceremony at sun set**. "Aarti" is a very auspicious Hindu ritual in which we offer our prayers to God or to whom we respect & consider equal to God; thanking them for



their presence in our life. In India, this ritual is performed on various auspicious days, events & festivals.

The Ganga Aarti in Rishikesh is a daily evening ritual. This one & half hour ritual starts with a holy fire ceremony called as "Yagna" i.e. offering a mixture of different herbs with clarified butter (Ghee) to the fire while chanting the prayers (Mantra) in order to purify the surrounding environment and to invite the holy vibrations.

The Guru or the Master with his devotees, sing the prayers along with the lighting of the small lamps welcoming & thanking the river Ganga for being the source of life & prosperity for this region. The experience, the view and the positive vibrations are so inspirational that it is difficult to put into words. Later drive back to hotel.

Overnight stay in the hotel.

Day 04: Narendra Nagar / Dehradun / Delhi (By Drive + Flight)

After breakfast transfer to the Dehradun airport to connect afternoon flight to Delhi. On arrival, board the connecting flight for onward journey..

>>End of the Services<<

COSTING

Please find below the prices with hotel list.

Hotel list:

Place	Hotels	Number of Nights
Narendra Nagar	Ananda In The Himalayas	03 nights

Prices:

Slab	Prices
01 Pax	USD\$ 1932 Per single room
02 Pax	USD\$ 1088 Per Person sharing a double room
Airfare Supplement	US\$ 265 Per Person in Economy Class
DEL – DDN – DEL	This is the present special airfare available as of now; we cannot guarantee the airfare before issuing the tickets.

Cost includes:

- Single / Double room on sharing basis.
- Daily breakfast.
- Arrival / departure transfer from Airport
- Tax on Accommodation
- Service Tax on complete package

Cost does not include:

- Any airfares.
- Any new tax imposed by the Government.
- Any expenditure of personal nature such as tips, drinks, telephone charges, laundry etc.